

##

A red number denotes where **Key-parts** or **Key-sites** need protecting

Preparation zone

1



Disinfect hands with alcohol hand rub or soap & water

2



Disinfect trolley using a disinfectant wipe[§] - creating a **General Aseptic Field**

3



Gather equipment and place on bottom shelf of trolley

Prepare patient

Apply waterproof pad

Ask patient or a colleague to lift gown pre step 9

Request patient performs general perineal hygiene (if appropriate)

Patient zone

4



Disinfect hands with alcohol hand rub or soap & water*

5



Open catheter pack creating a **Critical Aseptic Field** (sterile drape) & position waste bag

6



Open equipment onto the **Critical Aseptic Field** using non-touch technique (NTT)

7



Pour 0.9% sodium chloride into the sterile gallipot, protecting **Key-Parts** using a NTT

8



Disinfect hands with alcohol hand rub or soap & water[§] (after donning disposable apron if required)

9



Don sterile gloves

10



Apply fenestrated drape (Critical Aseptic Field) over genitals and sterile receiver between legs of patient to catch urine.

11



Clean urethral orifice with 0.9% sodium chloride and sterile gauze

12



Insert sterile lubricating gel suspending penis with sterile gauze (if applicable)

13



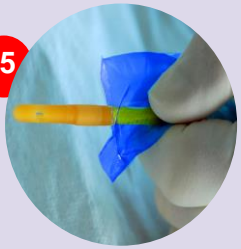
Remove and dispose of gloves, & immediately disinfect hands

14



Don a new pair of sterile gloves

15



Insert catheter using NTT by touching only plastic wrapping

16



Inflate balloon with sterile water using a NTT. Withdraw the catheter slightly so as the balloon is sitting at the bladder neck.

17



Attach collection bag using a NTT. Use a securement device to prevent urethral trauma.

18



Dispose of waste, Including apron & gloves, then immediately ...

19



Disinfect hands with alcohol hand rub or soap & water

Decontamination zone

20



Disinfect trolley using a disinfectant wipe[§]

21



Disinfect hands with alcohol hand rub or soap & water*

[§]Some brands/ types of cleaning wipes may require gloves to be worn when using. *After using cleaning wipes without gloves, we recommend disinfecting hands with soap & water.